

## Fresh Fruit & Veggies Offered Every Day at Lunch

### Monday

Salad Mix  
Carrots  
Beans  
Celery  
Tomatoes  
Whole Fruit  
Canned Fruit

### Tuesday

Caesar Salad  
Broccoli  
Green Beans  
Cucumber  
Beans  
Whole Fruit  
Canned Fruit

### Wednesday

Salad Mix  
Tomatoes  
Beans  
Carrots  
Peas  
Whole Fruit  
Canned Fruit

### Thursday

Caesar Salad  
Broccoli  
Cucumbers  
Corn  
Beans  
Whole Fruit  
Canned Fruit

### Friday

Salad Mix  
Tomatoes  
Carrots  
Celery  
Jicama  
Whole Fruit  
Canned Fruit

Think [CA] is Sodexo's commitment to communicating to our students, parents, administration and communities that we are your partners in nurturing students by empowering them to think about their nutritional choices and choose to eat well. This includes, whenever possible, to feature items made from scratch, selections with short ingredient list and/or no artificial additives and to use

## BREAKFAST MENU

### MONDAY

Ultimate  
Breakfast  
Round  
\*\*\*\*  
Strawberry  
Cinnamon  
Mini Bagels

### TUESDAY

Sausage &  
Cheese  
Muffin  
\*\*\*  
Egg &  
Cheese  
Muffin

### WEDNESDAY

Mini  
Pancakes  
\*\*\*  
Muffins &  
String  
Cheese

### THURSDAY

Pancake  
on a Stick  
\*\*\*  
Turkey  
Sausage  
Breakfast  
Pizza

### FRIDAY

Egg/Cheese/  
Sausage  
Burrito  
\*\*\*  
Mini  
Waffles

### Additional Entrees Offered for Breakfast Daily:

- Benefit Bars
- Whole Wheat Bagel & Cream Cheese
- Banana or Zucchini Bread
- Assorted Low-Sugar Cereals served with Graham Crackers

**Breakfast also includes:** 100% Fruit Juice twice a week, Fresh Fruit every day and we offer 1% Milk or Fat Free Chocolate Milk with all meals.

Student Breakfast \$1.60 / Reduced Price 30¢

Student Lunch \$2.10 / Reduced price 40¢

Menu is subject to change. The USDA and this institution are equal opportunity providers.



**BREAKFAST  
JUNE  
2017**

The Nutrition services department is encouraging parents to prepay for school lunch so we can serve your students faster in the cafeteria. If you have questions, please call Nutrition Services at 760-351-3022.

Applications for free and reduced lunches are available in the school main offices and new applications need to be filled out each school year for every household.

### Questions or Ideas?

Click [besd.org](http://besd.org) or  
Please contact  
Elda Najera  
760-312-6069 or  
[Elda.najerasuisala@sodexo.com](mailto:Elda.najerasuisala@sodexo.com)

**sodexo**



# BESD

## GRAB N' GO BREAKFAST

### JUNE 2017

MUST take at least one FRUIT or FRUIT JUICE with every breakfast meal .  
 Fat-Free chocolate milk and 1% milk is offered to all students with every meal.  
 Our menus are aligned with USDA's Healthier U.S. Schools Challenge.

# END OF THE SCHOOL YEAR

			Thursday 1	Friday 2
			<b>Breakfast Pizza</b> <b>Cereal &amp; Grahams</b> <b>Cinnamon</b>	<b>Egg &amp; Cheese Muffin</b> <b>Benefit Bars</b> <b>Banana</b>
Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
<b>Breakfast Round</b> <b>Benefit Bars</b> <b>Banana Bread</b>	<b>Egg &amp; Sausage &amp; Cheese Burrito</b> <b>Cereal &amp; Grahams</b> <b>Cinnamon</b>	<b>Mini Pancakes</b> <b>Benefit Bars</b> <b>Banana Bread</b>	<b>Pancake on a Stick</b> <b>Cereal &amp; Grahams</b> <b>Cinnamon Bun</b>	<b>Sausage &amp; Cheese Muffin</b> <b>Benefit Bars</b> <b>Banana Bread</b>
Monday 12	Tuesday 13	Wednesday 14		
<b>Mini Bagels</b> <b>Benefit Bars</b> <b>Banana Bread</b>	<b>Mini Waffles</b> <b>Cereal &amp; Grahams</b> <b>Cinnamon Bun</b>	<b>Muffin &amp; String Cheese</b> <b>Benefit Bars</b> <b>Banana Bread</b>		

Breakfast Prices  
 Regular \$1.60    Reduced .30¢

This institution is an equal opportunity provider.

Menu items subject to change.





# Brawley Elementary School District

## Lunch Menu June 2017

Our menus are aligned with USDA Healthier U.S. Schools Challenge guidelines. Our Salad Bar open every day for lunch offers a variety of fresh garden greens, fresh veggies and toppings, and is included with every lunch entrée. Fat Free Chocolate Milk or 1% Milk are offered every day with every meal. A meal includes an entrée, fruit & vegetable selection.



			Thursday 1	Friday 2
			*Cheese Quesadilla *Nachos with Refried Beans & Cheese Sauce *Chicken Caesar Salad & Dinner Roll	*Pasta Alfredo With Dinner Roll *Cheese Pizza *Pepperoni Pizza *Egg Salad Sandwich
Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
*Italian Dunkers & Marinara Sauce *Turkey Hot Dog *Protein Pack with Sunflower Seeds	*Spaghetti with Meat Sauce *Grilled Cheese Sandwich *Buffalo Chicken Salad & Dinner Roll	*Cheddar Cheeseburger *BBQ Chicken Flatbread *Tuna Sandwich	*Bean & Cheese Burrito *Crispy or Spicy Chicken Burger *Beef Taco Salad with Tortilla Chips	*Cheese Pizza *Pepperoni Pizza *Fish Sticks *Fruit Yogurt Parfait With String Cheese
Monday 12	Tuesday 13	Wednesday 14	STAY HEALTHY & BE ACTIVE THIS SUMMER! 	
*Chicken Nuggets *Italian Dunkers & Marinara Sauce *Turkey & Cheddar Sub	*Chicken Corn Dog *Chicken Meatball Sub *Classic Chef Salad & Dinner Roll	*Crispy or Spicy Chicken Burger *BBQ Chicken Flatbread *Peanut Butter & Jelly with String Cheese		

### LUNCH PRICES

Reduced 40 ¢ Regular \$2.10

This company is an equal opportunity provider.

For nutritional information and inquiries on foods containing common food allergens please visit [www.brawleyhigh.org](http://www.brawleyhigh.org) or call Nutrition Services Department at 760-312-6069. Thank You!





# BRAWLEY ELEMENTARY SCHOOL DISTRICT BARBARA WORTH JR. HIGH LUNCH MENU JUNE 2017

Our menus are aligned with USDA Healthier U.S. Schools Challenge guidelines. Our Salad Bar open every day for lunch offers a variety of fresh garden greens, fresh veggies and toppings, and is included with every lunch entrée. Fat Free Chocolate Milk or 1% Milk are offered every day with every meal. A meal includes an entrée, fruit & vegetable selection.



			Thursday 1	Friday 2
			*Cheese Quesadilla *Nachos w/Beans & Cheese Sauce *Chicken Caesar Salad & Roll	*Pasta Alfredo *Cheese or Pepperoni Pizza *Egg Salad Sandwich
Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
*Italian Dunkers & Marinara Sauce *Turkey Hot Dog & Fries *Protein Pack W. Sunflower Seeds	*Spaghetti with Meat Sauce *Grilled Cheese Sandwich *Buffalo Chicken Salad & Roll	*Cheeseburger & Fries *BBQ Chicken Flatbread *Tuna Sandwich	*Bean & Cheese Burrito *Crispy or Spicy Chicken Burger *Beef Taco Salad W. Tortilla Chips	*Cheese Pizza *Pepperoni Pizza *Fish Sticks & Fries *Fruit Yogurt Parfait & String Cheese
Monday 12	Tuesday 13	Wednesday 14		
*Chicken Nuggets & Fries *Italian Dunkers & Marinara Sauce *Turkey & Cheddar Sub	*Chicken Corn Dog *Chicken Meatball Sub *Classic Chef Salad & Roll	*Crispy or Spicy Chicken Burger *BBQ Chicken Flatbread *PB & J & String Cheese		

**LUNCH PRICES**  
 Reduced 40¢  
 Regular \$2.10

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# BOBCAT CAFÉ AT BARBARA WORTH JUNE 2017

THE END OF THE SCHOOL YEAR IS HERE!



THE END OF THE SCHOOL YEAR IS HERE!			Thursday 1	Friday 2
			*BEAN & CHEESE BURRITO *HAM & CHEDDAR SUB *CHICKEN NUGGETS & FRIES	*RIB-B-QUE SANDWICH *ITALIAN DUNKERS & MARINARA SAUCE *EGG SALAD SANDWICH
Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
*TURKEY HOT DOG & FRIES *CHEESEBURGER & FRIES *PROTEIN PACK W. HARD BOILED EGG	*BEAN & CHEESE BURRITO *SPICY CHICKEN OR CRISPY CHICKEN BURGER *GRILLED CHEESE	*RIB-B-QUE SANDWICH *CHEDDAR CHEESEBURGER & FRIES *YOGURT PARFAIT & STRING CHEESE	*SPICY CHICKEN OR CRISPY CHICKEN BURGER *BEAN & CHEESE BURRITO *ROASTED TURKEY & CHEDDAR SUB	*CHICKEN CORN DOG *ITALIAN DUNKERS & MARINARA SAUCE *PEANUT BUTTER & JELLY SANDWICH WITH STRING CHEESE
Monday 12	Tuesday 13	Wednesday 14		
*CHEESEBURGER & FRIES *ITALIAN DUNKERS & MARINARA SAUCE *CHICKEN NUGGETS & FRIES	*BEAN & CHEESE BURRITO *CHICKEN CORN DOG & FRIES *CHICKEN MEATBALL SUB	*CHEESEBURGER & FRIES *SPICY CHICKEN OR CRISPY CHICKEN BURGER *ALL NATURAL TURKEY HOT DOG		

**LUNCH PRICES**

REGULAR \$2.10  
REDUCED .40¢

SOLD A LA CARTE:  
MILK .50¢

A meal includes an entrée, fruit & vegetable selection. Fat Free Chocolate Milk or 1% Milk are offered with every meal.  
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**BRAWLEY ELEMENTARY SCHOOL DISTRICT**  
**DINNER MENU**  
**JUNE 2017**

A meal includes an entrée, fruit, and vegetable selection.

Fat-Free chocolate milk and 1% milk is offered to all students with every meal.

			<b>Thursday 1</b>	<b>Friday 2</b>
			<b>Spaghetti With Meat Sauce</b>  <b>Fruit Broccoli Milk</b>	<b>Bean &amp; Cheese Burrito</b>  <b>Fruit Corn Milk</b>
<b>Monday 5</b>	<b>Tuesday 6</b>	<b>Wednesday 7</b>	<b>Thursday 8</b>	<b>Friday 9</b>
<b>Roasted Turkey &amp; Cheddar Sub</b>  <b>Fruit Celery Milk</b>	<b>Chicken Nuggets</b>  <b>Fruit Fries Milk</b>	<b>Crispy or Spicy Chicken Sandwich</b>  <b>Fruit Broccoli</b>	<b>Chicken &amp; Waffle</b>  <b>Fruit Carrots Milk</b>	<b>Cheese Quesadilla</b>  <b>Fruit Pinto Beans Milk</b>
<b>Monday 12</b>	<b>Tuesday 13</b>			
<b>Protein Pack w/ Sunflower Seeds</b>  <b>Fruit Celery Milk</b>	<b>American Sub Sandwich</b>  <b>Fruit Carrots Milk</b>			

**Have a Great Summer!**

Prices: REG \$2.10 RED 40¢

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