

Fresh Fruit & Veggies Offered Every Day at Lunch

Monday

Salad Mix
Carrots
Beans
Celery
Tomatoes
Whole Fruit
Canned Fruit

Tuesday

Caesar Salad
Broccoli
Green Beans
Cucumber
Beans
Whole Fruit
Canned Fruit

Wednesday

Salad Mix
Tomatoes
Beans
Carrots
Peas
Whole Fruit
Canned Fruit

Thursday

Caesar Salad
Broccoli
Cucumbers
Corn
Beans
Whole Fruit
Canned Fruit

Friday

Salad Mix
Tomatoes
Carrots
Celery
Jicama
Whole Fruit
Canned Fruit

Think [CA] is Sodexo's commitment to communicating to our students, parents, administration and communities that we are your partners in nurturing students by empowering them to think about their nutritional choices and choose to eat well. This includes, whenever possible, to feature items made from scratch, selections with short ingredient list and/or no artificial additives and to use locally-grown and produced ingredients. Please encourage your child to visit the salad bar, it is included with their meal.

BREAKFAST MENU

MONDAY

WEEK 1

*Egg & Cheese Sandwich
*Benefit Bar

WEEK 2

*French Toast Sticks & Sausage Patty
*Whole Wheat Bagel & Cream

TUESDAY

WEEK 1

*Belgian Waffle
*Creamy Bagel Bites

WEEK 2

*Turkey Sausage Breakfast Pizza
*Benefit Bars

WEDNESDAY

WEEK 1

*Whole Grain Pancakes
*Whole Grain Muffins With Crackers

WEEK 2

*Breakfast Burrito
*Whole Grain Muffins With Crackers

THURSDAY

WEEK 1

*Turkey Sausage On a Biscuit
*Cinnamon Pretzel Sticks

WEEK 2

*English Muffin Melt
*Cinnamon Bun

FRIDAY

WEEK 1

*Turkey Sausage Breakfast Pizza
*Ultimate Breakfast Round

WEEK 2

*Waffle Sticks & Turkey Sausage
*Yogurt Cup & Cinnamon Grahams

Additional Entrees Offered for Breakfast:

- Assorted Low-Sugar Cereals served with Crackers or Sunflower Seeds or String Cheese

Breakfast also includes: 100% Fruit Juice twice a week, Fresh Fruit every day and we offer 1% Milk and/or Fat Free Chocolate Milk with all meals.

Student Breakfast \$1.70 / Reduced Price 30¢

Menu is subject to change. The USDA and this company are equal opportunity providers.

WELCOME

BACK TO SCHOOL

WE'LL SEE YOU AT THE CAFETERIA FOR BREAKFAST!



BREAKFAST AUGUST & SEPTEMBER 2017

Lunches Applications for Brawley Elementary School District are available in the schools main office and **ON-LINE**. New applications need to be filled out each school year, one per household.

If you have questions, please call Nutrition Services:
760-344-7383

Questions or Ideas?

Click besd.org or
Please contact
Elda Najera
760-312-6069 or
Elda.najerasuisala@sodexo.com

sodexo



Brawley Elementary School District

LUNCH MENU

AUGUST-SEPTEMBER 2017

WELCOME BACK TO SCHOOL!

Monday 8/28	Tuesday 8/29	Wednesday 8/30	Thursday 8/31	Friday 9/1
*MACARONI & CHEESE *CHEESEBURGER *TURKEY-CHEDDAR SUB	*TURKEY HOT DOG *CHEESE PIZZA *PEPPERONI PIZZA *AMERICAN SUB	*TERIYAKI BEEF DIPPERS & BROWN RICE *CORN DOG *CHICKEN CAESAR SALAD & BREADSTICK	*CRISPY OR SPICY CHICKEN BURGER *CHEESE PIZZA *PEPPERONI PIZZA *PEANUT BUTTER & JELLY SANDWICH	*BBQ TURKEY SANDWICH *HAM & CHEDDAR SUB *CRISPY CHICKEN SALAD & DINNER ROLL
Monday 9/4	Tuesday 9/5	Wednesday 9/6	Thursday 9/7	Friday 9/8
LABOR DAY NO CLASSES TODAY	*TERIYAKI CHICKEN & BROWN RICE *CHEESE PIZZA *PEPPERONI PIZZA *AMERICAN SUB	*BEAN & CHEESE ENCHIRITO *PORK RIB-B-QUE SANDWICH *CHICKEN CAESAR SALAD & BREADSTICK	*CHICKEN NUGGETS *CHEESE PIZZA *PEPPERONI PIZZA *FRUIT-YOGURT PARFAIT	*CHICKEN SOFT TACOS *CRISPY OR SPICY CHICKEN BURGER *HEARTY GARDEN SALAD & ROLL
Monday 9/11	Tuesday 9/12	Wednesday 9/13	Thursday 9/14	Friday 9/15
*MACARONI & CHEESE *CHEESEBURGER *TURKEY-CHEDDAR SUB	*TURKEY HOT DOG *CHEESE PIZZA *PEPPERONI PIZZA *AMERICAN SUB	*TERIYAKI BEEF DIPPERS & BROWN RICE *CORN DOG *CHICKEN CAESAR SALAD & BREADSTICK	*CRISPY OR SPICY CHICKEN BURGER *CHEESE PIZZA *PEPPERONI PIZZA *PEANUT BUTTER & JELLY SANDWICH	*BBQ TURKEY SANDWICH *HAM & CHEDDAR SUB *CRISPY CHICKEN SALAD & DINNER ROLL
Monday 9/18	Tuesday 9/19	Wednesday 9/20	Thursday 9/21	Friday 9/22
*BEEFY MAC & CHEESE WITH ROLL *HOT HAM & CHEESE SANDWICH *YOGURT, SOFT PRETZEL & STRING CHEESE	*TERIYAKI CHICKEN & BROWN RICE *CHEESE PIZZA *PEPPERONI PIZZA *AMERICAN SUB	*BEAN & CHEESE ENCHIRITO *PORK RIB-B-QUE SANDWICH *CHICKEN CAESAR SALAD & BREADSTICK	*CHICKEN NUGGETS *CHEESE PIZZA *PEPPERONI PIZZA *FRUIT-YOGURT PARFAIT	*CHICKEN SOFT TACOS *CRISPY OR SPICY CHICKEN BURGER *HEARTY GARDEN SALAD & ROLL
Monday 9/25	Tuesday 9/26	Wednesday 9/27	Thursday 9/28	Friday 9/29
*MACARONI & CHEESE *CHEESEBURGER *TURKEY-CHEDDAR SUB	*TURKEY HOT DOG *CHEESE PIZZA *PEPPERONI PIZZA *AMERICAN SUB	*TERIYAKI BEEF DIPPERS & BROWN RICE *CORN DOG *CHICKEN CAESAR SALAD & BREADSTICK	*CRISPY OR SPICY CHICKEN BURGER *CHEESE PIZZA *PEPPERONI PIZZA *PEANUT BUTTER & JELLY SANDWICH	*BBQ TURKEY SANDWICH *HAM & CHEDDAR SUB *CRISPY CHICKEN SALAD & ROLL

Lunch Prices: Regular \$2.20 Reduced: 40¢
 A meal includes an entrée, fruit & vegetable selection.
 Fat Free Chocolate Milk or 1% Milk are offered with every meal.
 The USDA and this company are equal opportunity providers.

For nutritional information and inquiries
 please visit www.besd.org.
 Or call Nutrition Services Department at
 760-344-7383 Thank You!





Brawley Elementary School District

BARBARA WORTH JR. HIGH LUNCH

AUGUST-SEPTEMBER 2017

WELCOME BACK TO SCHOOL!

Monday 8/28	Tuesday 8/29	Wednesday 8/30	Thursday 8/31	Friday 9/1
*MACARONI & CHEESE *CHEESEBURGER *TURKEY-CHEDDAR SUB	*TURKEY HOT DOG *CHEESE PIZZA *PEPPERONI PIZZA *AMERICAN SUB	*TERIYAKI BEEF DIPPERS & BROWN RICE *CORN DOG *CHICKEN CAESAR SALAD & BREADSTICK	*CRISPY OR SPICY CHICKEN BURGER *CHEESE PIZZA *PEPPERONI PIZZA *PEANUT BUTTER & JELLY SANDWICH W. STRING CHEESE	*BBQ TURKEY SANDWICH *HAM & CHEDDAR SUB *CRISPY CHICKEN SALAD & DINNER ROLL
Monday 9/4	Tuesday 9/5	Wednesday 9/6	Thursday 9/7	Friday 9/8
LABOR DAY NO CLASSES TODAY	*TERIYAKI CHICKEN & BROWN RICE *CHEESE PIZZA *PEPPERONI PIZZA *AMERICAN SUB	*BEAN & CHEESE ENCHIRITO *PORK RIB-B-QUE SANDWICH *CHICKEN CAESAR SALAD & BREADSTICK	*CHICKEN NUGGETS *CHEESE PIZZA *PEPPERONI PIZZA *FRUIT-YOGURT PARFAIT W. STRING CHEESE	*CHICKEN SOFT TACOS *CRISPY OR SPICY CHICKEN BURGER *HEARTY GARDEN SALAD & ROLL
Monday 9/11	Tuesday 9/12	Wednesday 9/13	Thursday 9/14	Friday 9/15
*MACARONI & CHEESE *CHEESEBURGER *TURKEY-CHEDDAR SUB	*TURKEY HOT DOG *CHEESE PIZZA *PEPPERONI PIZZA *AMERICAN SUB	*TERIYAKI BEEF DIPPERS & BROWN RICE *CORN DOG *CHICKEN CAESAR SALAD & BREADSTICK	*CRISPY OR SPICY CHICKEN BURGER *CHEESE PIZZA *PEPPERONI PIZZA *PEANUT BUTTER & JELLY SANDWICH W. STRING CHEESE	*BBQ TURKEY SANDWICH *HAM & CHEDDAR SUB *CRISPY CHICKEN SALAD & DINNER ROLL
Monday 9/18	Tuesday 9/19	Wednesday 9/20	Thursday 9/21	Friday 9/22
*BEEF MAC & CHEESE WITH ROLL *HOT HAM & CHEESE SANDWICH *YOGURT, SOFT PRETZEL & STRING CHEESE	*TERIYAKI CHICKEN & BROWN RICE *CHEESE PIZZA *PEPPERONI PIZZA *AMERICAN SUB	*BEAN & CHEESE ENCHIRITO *PORK RIB-B-QUE SANDWICH *CHICKEN CAESAR SALAD & BREADSTICK	*CHICKEN NUGGETS *CHEESE PIZZA *PEPPERONI PIZZA *FRUIT-YOGURT PARFAIT W. STRING CHEESE	*CHICKEN SOFT TACOS *CRISPY OR SPICY CHICKEN BURGER *HEARTY GARDEN SALAD & ROLL
Monday 9/25	Tuesday 9/26	Wednesday 9/27	Thursday 9/28	Friday 9/29
*MACARONI & CHEESE *CHEESEBURGER *TURKEY-CHEDDAR SUB	*TURKEY HOT DOG *CHEESE PIZZA *PEPPERONI PIZZA *AMERICAN SUB	*TERIYAKI BEEF DIPPERS & BROWN RICE *CORN DOG *CHICKEN CAESAR SALAD & BREADSTICK	*CRISPY OR SPICY CHICKEN BURGER *CHEESE PIZZA *PEPPERONI PIZZA *PEANUT BUTTER & JELLY SANDWICH W. STRING CHEESE	*BBQ TURKEY SANDWICH *HAM & CHEDDAR SUB *CRISPY CHICKEN SALAD & ROLL

Lunch Prices: Regular \$2.20 Reduced: 40¢
 A meal includes an entrée, fruit & vegetable selection.
 Fat Free Chocolate Milk or 1% Milk are offered with every meal.
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 please visit www.besd.org.
 Or call Nutrition Services Department at
 760-344-7383 Thank You!



THINK

[CA]

CHOOSE TO EAT WELL

BOBCAT CAFÉ AT BARBARA WORTH AUGUST-SEPTEMBER 2017

WELCOME BACK TO SCHOOL!

Monday 8/28	Tuesday 8/29	Wednesday 8/30	Thursday 8/31	Friday 9/1
*CHEESEBURGER *TURKEY-CHEDDAR SUB *SPICY CHICKEN OR CRISPY CHICKEN BURGER	*TURKEY HOT DOG *AMERICAN SUB *CHICKEN NUGGETS	*CHICKEN CORN DOG *CHICKEN CAESAR SALAD & BREADSTICK *CHEESEBURGER	*SPICY OR CRISPY CHICKEN BURGER *PEANUT BUTTER & JELLY SANDWICH WITH STRING CHEESE *BEAN & CHEESE BURRITO	*BBQ TURKEY SANDWICH *HAM & CHEDDAR SUB *SPICY CHICKEN OR CRISPY CHICKEN BURGER
Monday 9/4	Tuesday 9/5	Wednesday 9/6	Thursday 9/7	Friday 9/8
LABOR DAY NO SCHOOL TODAY	*YOGURT CUP, SOFT BAKED PRETZEL & STRING CHEESE *TURKEY-CHEDDAR SUB *CHEESEBURGER	*RIB-B-QUE PORK SANDWICH *CHICKEN CAESAR SALAD & BREADSTICK *AMERICAN SUB	*CHICKEN NUGGETS *YOGURT PARFAIT W. STRING CHEESE *BEAN & CHEESE BURRITO	*SPICY CHICKEN OR CRISPY CHICKEN BURGER *CHEESEBURGER *TURKEY-CHEDDAR SUB
Monday 9/11	Tuesday 9/12	Wednesday 9/13	Thursday 9/14	Friday 9/15
*CHEESEBURGER *TURKEY-CHEDDAR SUB *SPICY CHICKEN OR CRISPY CHICKEN BURGER	*TURKEY HOT DOG *AMERICAN SUB *CHICKEN NUGGETS	*CHICKEN CORN DOG *CHICKEN CAESAR SALAD & BREADSTICK *CHEESEBURGER	*SPICY OR CRISPY CHICKEN BURGER *PEANUT BUTTER & JELLY SANDWICH WITH STRING CHEESE *BEAN & CHEESE BURRITO	*BBQ TURKEY SANDWICH *HAM & CHEDDAR SUB *SPICY CHICKEN OR CRISPY CHICKEN BURGER
Monday 9/18	Tuesday 9/19	Wednesday 9/20	Thursday 9/21	Friday 9/22
*SPICY OR CRISPY CHICKEN BURGER *PEANUT BUTTER & JELLY SANDWICH W. STRING CHEESE *HOT HAM & CHEESE SANDWICH	*YOGURT CUP, SOFT BAKED PRETZEL & STRING CHEESE *TURKEY-CHEDDAR SUB *CHEESEBURGER	*RIB-B-QUE PORK SANDWICH *CHICKEN CAESAR SALAD & BREADSTICK *AMERICAN SUB	*CHICKEN NUGGETS *YOGURT PARFAIT W. STRING CHEESE *BEAN & CHEESE BURRITO	*SPICY CHICKEN OR CRISPY CHICKEN BURGER *CHEESEBURGER *TURKEY-CHEDDAR SUB
Monday 9/25	Tuesday 9/26	Wednesday 9/27	Thursday 9/28	Friday 9/29
*CHEESEBURGER *TURKEY-CHEDDAR SUB *SPICY CHICKEN OR CRISPY CHICKEN BURGER	*TURKEY HOT DOG *AMERICAN SUB *CHICKEN NUGGETS	*CHICKEN CORN DOG *CHICKEN CAESAR SALAD & BREADSTICK *CHEESEBURGER	*SPICY OR CRISPY CHICKEN BURGER *PEANUT BUTTER & JELLY SANDWICH WITH STRING CHEESE *BEAN & CHEESE BURRITO	*BBQ TURKEY SANDWICH *HAM & CHEDDAR SUB *SPICY CHICKEN OR CRISPY CHICKEN BURGER

LUNCH PRICES

REGULAR \$2.20 REDUCED .40¢

A meal includes an entrée, fruit & vegetable selection. Fat Free Chocolate Milk or 1% Milk are offered with every meal.

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For nutritional information and inquiries please visit www.besd.org. Or call Nutrition Services Department at 760-312-6069. Thank You!





Brawley Elementary School District

DINNER MENU

AUGUST-SEPTEMBER 2017

WELCOME BACK TO SCHOOL!

Monday 8/28	Tuesday 8/29	Wednesday 8/30	Thursday 8/31	Friday 9/1
NO DINNER TODAY	BEEF FIESTA SALAD w/ TORTILLA CHIPS FRUIT BROCCOLI MILK	GRILLED CHEESE FRUIT BEANS MILK	YOGURT PARFAIT & STRING CHEESE FRUIT CELERY MILK	ITALIAN DUNKERS & MARINARA SAUCE FRUIT CORN / JICAMA MILK
Monday 9/4	Tuesday 9/5	Wednesday 9/6	Thursday 9/7	Friday 9/8
LABOR DAY NO SCHOOL TODAY	VEGETARIAN TACO SALAD w/ TORTILLA CHIPS FRUIT BROCCOLI MILK	HOT HAM & CHEDDAR CHEESE SANDWICH FRUIT BEANS MILK	PEANUT BUTTER & JELLY SANDWICH w. STRING CHEESE FRUIT CELERY MILK	PROTEIN PACK w. SUFLOWER SEEDS FRUIT CORN / JICAMA MILK
Monday 9/11	Tuesday 9/12	Wednesday 9/13	Thursday 9/14	Friday 9/15
PROTEIN PACK w. HARD BOILED EGG FRUIT CARROTS MILK	BEEF FIESTA SALAD w/ TORTILLA CHIPS FRUIT BROCCOLI MILK	GRILLED CHEESE FRUIT BEANS MILK	YOGURT PARFAIT & STRING CHEESE FRUIT CELERY MILK	ITALIAN DUNKERS & MARINARA SAUCE FRUIT CORN / JICAMA MILK
Monday 9/18	Tuesday 9/19	Wednesday 9/20	Thursday 9/21	Friday 9/22
TURKEY & CHEDDAR SUB FRUIT CARROTS MILK	VEGETARIAN TACO SALAD w/ TORTILLA CHIPS FRUIT BROCCOLI MILK	HOT HAM & CHEDDAR CHEESE SANDWICH FRUIT BEANS MILK	PEANUT BUTTER & JELLY SANDWICH w. STRING CHEESE FRUIT CELERY MILK	PROTEIN PACK w. SUFLOWER SEEDS FRUIT CORN / JICAMA MILK
Monday 9/25	Tuesday 9/26	Wednesday 9/27	Thursday 9/28	Friday 9/29
PROTEIN PACK w. HARD BOILED EGG FRUIT CARROTS MILK	BEEF FIESTA SALAD w/ TORTILLA CHIPS FRUIT BROCCOLI MILK	GRILLED CHEESE FRUIT BEANS MILK	YOGURT PARFAIT & STRING CHEESE FRUIT CELERY MILK	ITALIAN DUNKERS & MARINARA SAUCE FRUIT CORN / JICAMA MILK

A meal includes an entrée, fruit & vegetable selection.
Fat Free Chocolate Milk or 1% Milk are offered with every meal.

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